



Metabolic-Language Encoded Digital Twin with Realistic Food Composition and Physical Activity

Input

- ❖ **Heartrate**, food diary (**CHO**, **protein**, **fat**)...
 - ✓ Extensible range of inputs, drugs including

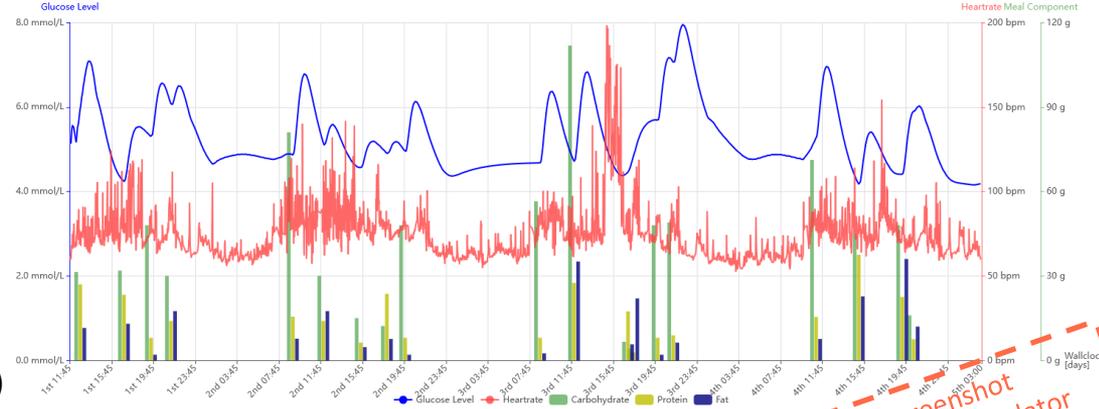
Means

- ❖ Physician- & engineer-friendly metabolic language
 - ✓ Describe and experiment with the metabolism
 - ✓ Easy to edit the metabolic code
 - ✓ Virtual metabolic machine executes it

Output

- ❖ **Simulated glucose level**
 - ✓ Multiple days, multiple meals (multi-ingredient)
 - ✓ 1:1 fitting of digital twin to a real patient

Simulated glucose level in response to CHO, protein, fat and heartrate



Screenshot
of on-line simulator

Cori cycle transcribed to the Sirael metabolic language



react: glucose & metabolic_need → lactate in muscle
 equalize: lactate in blood ↔ muscle
 equalize: lactate in blood ↔ liver
 react: lactate → glucose in liver

Example
of encoding the
metabolism

Work in Progress

AI → react: substance_1 & new_drug in pancreas → c-peptide
 equalize: new_drug in pancreas ↔ blood

Scheduled and delivered meals

Simulation Time	Carbohydrates	Protein	Fat	Action
4th day 20:29	16	7.5	12	Consumed
4th day 19:24	48	22.5	36	Consumed
4th day 15:14	45	37.5	22.7	Consumed
4th day 11:09	71.2	15.4	7.6	Consumed
3rd day 21:30	49	8.9	6.3	Consumed
3rd day 20:00	48	8	2	Consumed
3rd day 17:39	4.2	2.8	22	Consumed
3rd day 17:09	6.6	17.4	5.7	Consumed
3rd day 12:00	111.8	27.5	35.1	Consumed
3rd day 08:45	56.5	8	2.5	Consumed

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<https://diabetes.zcu.cz/websim/>